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| Week one | Snack | Pudding | Tea | Pudding |
| Monday | Crackers  apple | Yogurt | Sandwiches  Ham  Veg sticks | Raisins |
| Tuesday | Breadsticks  bananas | watermelon | Hoops and toast | oranges |
| Wednesday | Malt loaf  strawberries | Crumble | Pitta pizzas  Veg sticks | grapes |
| Thursday | Rice cakes and grapes | peaches | Tuna wraps | Raisins |
| Friday | Oatcakes  Tomatoes | Angel delight | Bagels  cucumber | Apple |